

# 25 AFFIRMATIONS

## Affirmations for new beginnings

- I am an unstoppable force of nature.
- I will never give up on what I truly want.
- I can do anything I put my mind to.
- I will accomplish my goals and live a fulfilling life.
- My compassion is my super power.
- I am grateful for the challenges and obstacles I have overcome.
- I am open-minded to change and new directions.
- I attract abundance, love, and happiness.
- I envision what I want and go after it.
- I exude confidence in everything I do.

# 25 AFFIRMATIONS

## Affirmations for new beginnings

- I will use my uniqueness to my advantage.
- I accept every chance to start over.
- I will put myself first.
- My dreams are within my grasp.
- I am worthy of love, respect, and loyalty.
- I attract and accept abundance.
- I have an unwavering belief in myself.
- I release all negativity and embrace this new beginning.
- I am proud of my accomplishments
- My strength and courage show up for me every day.

# 25 AFFIRMATIONS

## Affirmations for new beginnings

- I am in full control of what happens in my life.
- I have unlimited potential to achieve everything I want.
- I will stay present and be mindful.
- I don't have to be tethered to the past.
- I do not seek validation; my self-worth comes from within.

These affirmations are part of my blog post:

"Affirmations and Positive Thinking"

which can be found at my website **Fearlessly Holistic**.

If you have enjoyed this item, please share it with others!

# NOTES PAGE

---

---

---

---

---

---

---

---

---

---

---

---

---

---

---

---

---

---

---

---

---

---

---

---

---

---

# ABOUT ME



Hi, I'm Irma,  
I have spent the past 10 years  
trying to fix my various physical  
and mental health issues.

Affirmations have played a huge  
part in my successes.

I suggest picking 5 affirmations  
and writing them out daily for at  
least a month. This gives them a  
chance to take hold in your brain.

**GO TO**  
**FEARLESSLY HOLISTIC**



*Irma*